



# Northeast Nebraska Chapter of the American Red Cross Babysitter's Training

For Youth Ages 10 - 15

Oct. 31, 2009

Cost: \$30.00

9:00a.m.-4:00p.m.

At 106 W. 3<sup>rd</sup> St.

Wayne, NE

To register Visit our Web site at:

[www.NortheastNebraskaRedCross.org](http://www.NortheastNebraskaRedCross.org) to print a registration form and mail with payment. For more information please call the Norfolk Office at 402-371-0393.

**Class size is limited and Registration deadline is Oct. 28<sup>th</sup>, 2009**

**Please Bring a Sack Lunch and Drink!!**

## Cool Take-Home Training Materials Help You Get the Job Done Right

At your Babysitter's Training class, you'll receive excellent materials to help you be prepared and professional, including:

- **Babysitter's Training Handbook**—full-color handbook filled with great information and resources to use in class and on the job.
- **Babysitter's Training Emergency Reference Guide**—this easy-to-carry, compact booklet provides step-by-step instructions to handle common emergencies.
- **Babysitter's Training CD-ROM**—provides tools to run your babysitting business, including a babysitting organizer; a printable activity booklet with games, crafts, songs and recipes; a resume template; and more.

The Babysitter's Training course is fun and fast-paced with hands-on activities, exciting video, role-plays and lively discussions.

You'll learn to be the best babysitter on the block. Plus, you'll gain the confidence to make smart decisions and stay safe in any babysitting situation.

You'll learn how to—

- Supervise children and infants.
- Perform basic child-care skills such as diapering and feeding.
- Choose safe, age-appropriate games and toys.
- Handle bedtime and discipline issues.
- Identify safety hazards and prevent injuries.
- Care for common injuries and emergencies such as choking, burns, cuts and bee stings.
- Communicate effectively with parents.
- Find and interview for babysitting jobs

