

American Red Cross Lifeguard Training

Cost Includes:

- Full Color Manual
- CPR One-Way Valve Breathing Mask
- 3-year Lifeguard Certification
- 3-year First Aid Certification
- 1-year CPR for the Professional Rescuer Certification

Cost: \$110 per student
Instructor: Heather Claussen
Location: Wayne, NE

For anyone interested in working as a lifeguard, this is the class for you. You must be 15 years of age or older by the last class session to register.

Tentative Class Schedule

Thr. March 25	5:00-6:00 p.m.	Pretest @ WSC Pool
Fri. March 26	5:00-10:00 p.m.	Intro to Lifeguarding and Rescue Skills & @ Red Cross
Sat. March 27	8:00am-noon. 1:00– 5:00pm	CPR Skills @ Red Cross Rescue Skills @ WSC Pool
Sun. March 28	5:00-8:00 p.m. Noon-9:00p.m. 2:00– 5:00p.m.	CPR/ Spinal Skills @ Red Cross Spinal Skills @ Red Cross Spinal Skills @ WSC Pool
Mon. March 29	5:00-8:00p.m. 5:00-10:00pm	First Aid @ Red Cross First Aid/ Review/ Written Test@ Red Cross
Tue. March 30	5:00-8:00p.m. 8:00-10:00p.m.	Skills Test @ WSC Pool CPR Skills Test @ Red Cross

* This time may vary depending of number of students and testing time required.

Attendance at all sessions is required for certification.

Contact the Northeast Nebraska American Red Cross at 402-375-5209 for more information or to register. **Pre-registration and payment is required . Class size is limited!**

You can also find all class listings, along with the registration form on our website:

www.northeastnebraskaredcross.org